

Warranty Information

This Trulife product is warranted to be free from manufacturing and design defects for 12 months from the date of purchase.

In the unlikely event your product develops a fault, please contact your supplier/dealer immediately.

This warranty does not cover device failure due to owner misuse or non-observation of the instructions set out in this manual. This warranty does not extend to non-durable components, such as rubber ferrules that are subject to normal wear and tear and need periodic replacements.

For further information on the warranty please go to the Trulife website at www.trulife.com.

This file is available to view and download as a PDF at www.trulife.com.

Sight impaired customers can use a free PDF Reader to zoom in and increase the text size for improved readability.

Disposal

Dispose of end of life products in accordance with local authority requirements.



Instructions for use

SMF010F/SMF010FW
Extra Heavy Duty
Folding Walking Frames

**PLEASE READ ALL INSTRUCTIONS
BEFORE USE**



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Intended Use

This device is designed to provide support, stability and mobilise people with walking difficulties and disabilities. This is a personal device and is manually operated by the user.

Adjustment

A full assessment of the user's requirements by a physiotherapist or medical professional should be conducted before use to ensure the product can be used safely.

When the frame is adjusted correctly, the user should be able to maintain an upright posture with the elbow slightly flexed. In this way, body weight is taken through the frame by pushing down on the frame when walking.

Adjusting the height of the frame:

To ensure the frame is the correct height of the user, adjust as follows:

1. Push in the brass buttons on each side of the tube.
2. Turn the leg slightly.
3. Extend or retract the leg to the desired height.
4. Release the brass buttons.
5. Check the pins are fully located and the leg is securely locked in position.
6. Repeat for each leg, ensuring that the frame is level and stable.

WARNING

When adjusting frames fitted with wheels, it is advisable to set the rear legs one position higher than the front wheels. This is to compensate for the increased height of the wheels at the front which can adversely affect the stability of the frame and the slope of the handles.

Folding the walking frame

To open:

1. Holding the left handle in the left hand, grasp the right handle with the right hand and pull open until the handle locks in position.
2. Repeat for the left hand handle.
3. Check that both handles are firmly locked in position.

To close:

1. Depress the left hand red button with the right hand and close the left handle with the left hand.
2. Repeat for the right hand handle.

Using the walking frame

Walking:

1. Place the frame one step ahead and walk towards it using the affected leg first, followed by the other leg. **Do not walk too far into the frame area.**
2. When steady, lift the frame forward a short distance (if using a wheeled frame, **push** it forward) and repeat this process.

Getting into and out of chairs:

1. Position the frame in front of the chair.
2. Get up by pushing on the arms of the chair and transfer hand to frame when fully standing.
3. To sit down, using the frame, position yourself in front of the chair and feel the chair behind you with your legs.
4. Place hands on the chair arms, bend slightly forward and sit down gently.

Maintenance and regular checks

- To clean use a mild detergent and warm water.
- Check the wheels and/or rubber ferrules have plenty of tread showing and are not unevenly worn.
- Check the handgrips are in good condition and secure with no signs of damage.
- Check the spring clips are fully protruding through the adjustment holes.
- Check the adjustment holes for distortion. These should be round, not oval.
- Check the tubing is not cracked or bent.

STOP USING THE DEVICE IMMEDIATELY IF YOU DISCOVER ANY LOOSE, WORN OR DAMAGED PARTS.

Advice for reissue

If you plan to reissue this product, all components must be checked thoroughly to ensure they are safe. In addition to performing all the maintenance checks listed above:

- Rubber ferrules (tips) should be replaced.
- Any worn or damaged parts must be replaced.
- The device must be thoroughly cleaned.
- Any subsequent users of the device must be supplied with proper instructions for use.
- **If in doubt, do not reissue the device.**

Trulife accepts no responsibility for the inspection and reissue of walking aids or for maintaining any records associated with these activities.